Grade 1 Piano Exercise sheet 1B

Date commenced:

	G major LH	C major 2H	A harm. minor 2H	B harm. minor RH	G chrom. LH	E harm. minor contrary	C major broken chords LH
One finger only, one octave ("note checker")							
Descending then ascending							
Play twice without stopping							
Play twice second time faster							
Contrary from outside in							
*Rhythm: 'Ant, elephant'							
*Accent: 'banana'							
piano ascending, forte descending							
Staccato 2 octaves							
Super slow							
Crossed hands, 1 octave							
3 notes played as a block chord							
One finger only							

^{*}To hear a demonstration of these methods, go to www.scaleblitzer.com/soundfiles

Choose around 5 or 6 tasks each day, and try to choose a different key and method each time. Keep practising the task until you get it, then rate yourself by colouring in the box!

Green (or write E for 'Easy')	You got it the first or second attempt				
Yellow (or just M for 'Moderate')	It took you 3-4 attempts before you got it				
Orange (or D for 'Difficult'	It took you 5-10 attempts before you got it				
Red (or I for 'Impossible')	You tried really hard but just couldn't get it!				

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