

	C major LH	G major RH	D major LH	A harm. minor RH	E harm. minor LH	A minor contrary
One finger only, one octave ('note checker')						
Descending then ascending						
Ascending only, play 3 times in a row						
Play twice, second time faster						
Starting from the outside						
*Rhythm: 'walk, walk, running'						
*Accent: 'banana'						
<i>forte</i>						
Staccato one octave						
Eyes closed						

*To hear a demonstration of these methods, go to www.scaleblitzer.com/soundfiles

Choose around 5 or 6 tasks each day, and try to choose a different key and method each time. Keep practising the task until you get it, then rate yourself by colouring in the box!

Green (or write E for 'Easy')	You got it the first or second attempt
Yellow (or just M for 'Moderate')	It took you 3-4 attempts before you got it
Orange (or D for 'Difficult')	It took you 5-10 attempts before you got it
Red (or I for 'Impossible')	You tried really hard but just couldn't get it!

Enjoying these activities?

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