	G major LH	D major RH	C major RH	A harm. minor LH	E harm. minor RH	C major contrary
Descending only, play 3 times in a row						
Ascending only, play twice						
Play twice without stopping						
First 4 notes, out and in						
*Rhythm: 'Ant, elephant'						
*Rhythm: 'roly poly'						
*Accent: 'galloping'						
Staccato one octave						
Eyes closed						
Super slow						

^{*}To hear a demonstration of these methods, go to www.scaleblitzer.com/soundfiles

Choose around 5 or 6 tasks each day, and try to choose a different key and method each time. Keep practising the task until you get it, then rate yourself by colouring in the box!

Green (or write E for 'Easy')	You got it the first or second attempt		
Yellow (or just M for 'Moderate')	It took you 3-4 attempts before you got it		
Orange (or D for 'Difficult'	It took you 5-10 attempts before you got it		
Red (or I for 'Impossible')	You tried really hard but just couldn't get it!		

Enjoying these activities? Then you'll LOVE the ScaleBlitzer app! Download it now from the App store

